

LETTER TO EDITOR:

**Dean Faculty of Psychiatry,
College of Physicians & Surgeons Pakistan,
Karachi**

Request for Equitable Distribution of FCPS Part 2 (Psychiatry) Trainees Among Accredited Training Institutes in Sindh.

Respected Sir,

I hope this letter finds you in good health and high spirits. I am writing to follow up on our recent discussion at the National Conference in Sukkur regarding the unequal distribution of FCPS Part 2 trainees among various institutes in Sindh, specifically in the field of Psychiatry.

As we discussed, there is a significant discrepancy in the allocation of FCPS Part 2 (Psychiatry) trainees among the accredited training institutes in Sindh. Presently, the majority of trainees are concentrated in institutes located in Karachi, with only two trainees enrolled in institutes outside of Karachi. This situation persists despite the fact that a considerable number of aspiring trainees hail from interior Sindh and have graduated from medical colleges within the region.

The challenges faced by institutes outside Karachi, especially in establishing and meeting CPSP requirements for accreditation in Psychiatry, are considerable. Having personally experienced the uphill task of initiating psychiatric services at Ghulam Muhammad Mahar Medical College Hospital Sukkur, I am well aware of the struggles involved in obtaining recognition from CPSP. Despite initial adversities, our relentless efforts bore fruit, leading to the establishment of commendable psychiatric services and a CPSP-recognized psychiatric ward for FCPS and MCPS training.

However, the disproportionate concentration of trainees in a few Karachi-based institutes, overseen by a limited number of supervisors, has led to dissatisfaction and demoralization among supervisors of institutes located outside Karachi. Furthermore, this skewed distribution negatively impacts the field of Psychiatry and psychiatric services. It is evident that institutes with adequate academic, teaching, and training facilities can contribute more effectively to the promotion and advancement of Psychiatry.

In light of the aforementioned concerns, I earnestly request your intervention and assistance in formulating mechanisms that ensure equitable opportunities for academic, teaching, and training purposes among all institutes within the province. Fair distribution of FCPS Part 2 (Psychiatry) trainees across accredited training institutes in Sindh will not only enhance the quality of psychiatric services but also strengthen the field by tapping into regional expertise and resources.

I am confident that your guidance and support in this matter will pave the way for a more balanced and enriched landscape for Psychiatry training across Sindh. Your attention to this issue is highly appreciated.

Thank you for your time and consideration.

Warm regards,

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