

C O N T E N T S

- 02 >> **EDITORIAL BOARD**
- 03 >> **ADVISORY BOARD**
- 04 >> **EDITORIAL:**
COVID-19 PANDEMIC: LESSONS FOR THE FUTURE THROUGH A WINDOW OF OPPORTUNITIES
MUHAMMAD IQBAL AFRIDI
- 07 >> **ORIGINAL ARTICLE:**
FAMILY MEALTIME AND ITS CORRELATION WITH DEPRESSIVE DISORDER
AREEBA BINTE JUNAID SAIFI, AMNA ABRAR, JAWED AKBAR DARS, ZOHA MANSOOR ADHAMI
- 12 >> **ORIGINAL ARTICLE:**
PREVALENCE OF MISCONCEPTIONS AND PRESENTATION OF COVID-19 POST-VACCINATION SYMPTOMS
AMONG HEALTH CARE WORKERS OF KARACHI, PAKISTAN
IQRA SHAHID HUSSAIN, TOOBA NOOR, QURATULAIN AMIR, WASHDEV WASHDEV, FARINA HANIF
- 16 >> **ORIGINAL ARTICLE:**
EXPLORING THE HOME AND SCHOOL BASED STRATEGIES FOR CHILDREN WITH CEREBRAL PALSY:
A PHENOMENOLOGICAL STUDY
AMBER BASEER, ASMA MAJEED, AROOJ NAZIR, RABIA KHAWAR
- 22 >> **ORIGINAL ARTICLE:**
PSYCHOLOGICAL DISTRESS, COPING STYLES AND EMOTIONAL WELL-BEING AMONG CAREGIVERS OF
PATIENTS WITH SCHIZOPHRENIA
HAFSA JATOI, SAIMA MAJEED
- 27 >> **ORIGINAL ARTICLE:**
THE ROLE OF PERSONALITY TRAITS AND MOOD IN TASTE PREFERENCE AMONG UNIVERSITY STUDENTS
SAIRA KHAN, HABIBA ARIF, NEELUM SHAHZADI, MUHAMMAD MAQSOOD IQBAL
- 32 >> **GUIDELINES:**
DESIGN AND EVALUATION OF DELIRIUM MANAGEMENT GUIDELINES IN A TERTIARY CARE GENERAL
HOSPITAL: A QUALITY IMPROVEMENT PROJECT
TAYYEB A TAHIR, CHRISTOPHER CHENG-WEI NG, ANKIT SAXENA, RADHIKA ORUGANTI
- 39 >> **REVIEW ARTICLE:**
MENTAL HEALTH IMPLICATIONS OF COVID-19: A NARRATIVE REVIEW OF THE LITERATURE
HINA AYAZ HABIB, NINA AYAZ HABIB, SHEHZAD HUSSAIN, MIAN MUKHTAR-UL-HAQ
- 44 >> **SPECIAL ARTICLE:**
POSTGRADUATE COMMUNITY PSYCHIATRY TRAINING IN PAKISTAN
RAZA UR REHMAN, SAADIA QURAISHY, NAIM SIDDIQI
- 48 >> **SPECIAL ARTICLE:**
MENTAL HEALTH IN THE EASTERN MEDITERRANEAN REGION:
FOCUS ON WOMEN, CHILDREN, THE ELDERLY AND REFUGEES
UNAIZA NIAZ
- 52 >> **SPECIAL ARTICLE:**
ILLICIT DRUGS: CHALLENGES AND TENACITIES
SYED KALEEM IMAM, SAMZA FATIMA
- 59 >> **CREATIVE CORNER:**
CARPE DIEM
SADAF MAJID
- 60 >> **INSTRUCTIONS TO AUTHORS**